Congress Integrated model for Child and Family Services

	Primary Prevention Targets children with no current problems but are at risk of developing problems — identified risk usually based on low SES or maternal education level.		Secondary Prevention Targets children with current problems identified early in life when most likely to respond to intervention and before gets worse – determined by screening OR referral to services.	
Centre Based Most of work is done at a centre where child and or families come in to access service.	Child focussed Abecedarian Immunisations Child Health Check Developmental screening	Carer focus Health advice to Parents in clinic (eg nutrition, brushing teeth, toilet training)	Child focussed Child centred play therapy Therapeutic day care Preschool Readiness Program Antibiotics	Carer focus Filial Therapy Circle of security Parenting advice/programs Parent support groups
Home Visitation Most of work is done in the homes of families where staff outreach to children and families.	Child focussed Mobile Play Groups	Carer focus Nurse Home Visitation Families as First Teachers (home visiting Learning activities)	Child focussed Child Health Outreach Program Ear Mopping	Carer focus Targeted Family Support Intensive Family Support Case management models for children at Risk Parents Under Pressure (PUPS)