







## Make sure your podiatrist has shown you how to fit, wear, and clean your Darco shoe the right way



## You may have been fitted with a Darco Shoe because:

- It can take pressure off sore spots on your feet
- Your foot is healing, inflamed or needs padding
- Your foot can't fit in your usual footwear

You may have to wear a Darco shoe for a couple of weeks

## Remove your Darco (post op) shoe if:

- You're having a wash or going to bed
- You are driving
- It's not right for cultural business
- It makes you unsteady when standing or walking



Call podiatry mob or your health service if you have any worries about your Darco shoe

