

## FELT PADDING

**Felt padding might stay on your foot for a few days**  
**Felt padding might stay in your shoe for a few weeks**

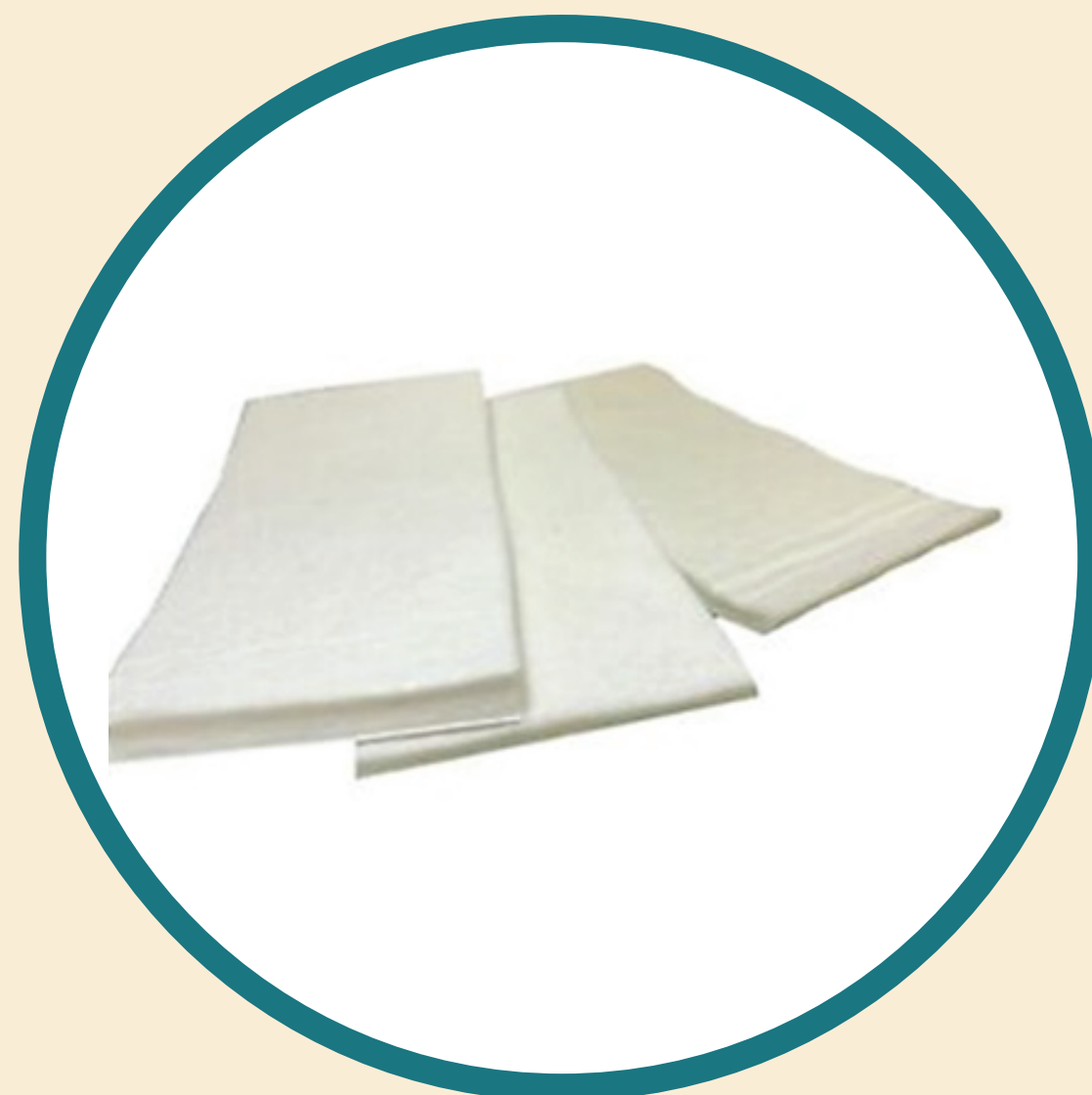


**Felt padding may have been stuck to your foot or stuck in your shoe because:**

- It can take pressure off sore areas on your feet
- It can stop bony lumps on your feet rubbing

**Remove felt padding if:**

- It gets wet or soggy
- It gets smelly
- It causes redness or irritation
- It shifts from its original place



**Call podiatry mob or your health service if you have any worries about your felt padding**

