









Good shoes can protect our feet from damage



Like treading on prickly things

Call podiatry mob or your health service if you have any worries about your footwear



GOOD FOOTWEAR

Our mob have been leaving healthy footprints on Country forever, but we still gotta look after our feet



And when it's hot you might wear sandals





But we have to watch our shoes don't rub our feet and make sores

You might not wear shoes for cultural business

It's good to wear socks with our shoes

