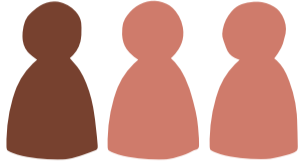
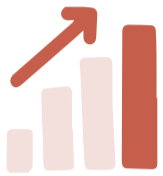


Why is appropriate footwear important for people living with diabetes?



In remote NT communities, **29%** of Aboriginal adults are living with diabetes



NT has the highest rates of Diabetes-related amputations in Australia



Lower limb amputations significantly impact a person's quality of life and life expectancy



What are the features of appropriate footwear?

Strong strap around heel



Has a small heel

Rocker shape

Stable and supportive

No internal seams

Adjustable fixation (laces/velcro)

Accommodates the foot shape

Not too tight around toes

Worn with socks

Lace up to ankle



Strong heel counter

These shoes are not always supportive or stable for people living with diabetes

