



# Congress NDIS Therapeutic Referral Form

Please email completed referral form and any relevant supporting documentation to:

[ndistherapy@caac.org.au](mailto:ndistherapy@caac.org.au)

## Client/Participant Details

## Date of referral:

<b>Name:</b>		<b>Date of Birth</b>	
<b>Address:</b>		<b>Phone:</b>	
<b>Primary Contact / Carer:</b>		<b>NDIS #</b>	
<b>Guardianship or Power of Attorney (incl. Territory Families):</b>		<b>Email:</b>	
<b>GP Name &amp; Clinic:</b>			

## Referrer Details:

<b>NDIS Plan Start:</b>		<b>Plan Finish:</b>	
<b>Organisation:</b>		<b>Name:</b>	
<b>Phone:</b>		<b>Email</b>	
<b>How is the Plan Managed?</b>	<input type="checkbox"/> Self-Managed <input type="checkbox"/> NDIA Managed <input type="checkbox"/> Plan Managed (complete below)		
<b>Plan Manager:</b>		<b>Plan Manager Contact:</b>	

## Person to contact for appointment bookings (if different from above):

<b>Name:</b>		<b>Role:</b>	
<b>Organisation:</b>			
<b>Phone:</b>		<b>Email</b>	

## NDIS Goals (Please list):

**Any service preferences (e.g., location of service, time/days)?** Congress will make all reasonable efforts to meet your preferences however cannot guarantee requests:

**Previous Assessment or Interventions (tick all that apply and provide date for each assessment):**

- |  |           |             |
|--|-----------|-------------|
| <input type="checkbox"/> Hearing/Audiology Assessment    | By: _____ | Date: _____ |
| <input type="checkbox"/> Vision Assessment               | By: _____ | Date: _____ |
| <input type="checkbox"/> Psychology Assessment           | By: _____ | Date: _____ |
| <input type="checkbox"/> Physiotherapy Assessment        | By: _____ | Date: _____ |
| <input type="checkbox"/> Paediatric Assessment           | By: _____ | Date: _____ |
| <input type="checkbox"/> Ear, Nose and Throat Specialist | By: _____ | Date: _____ |
| <input type="checkbox"/> Occupational Therapy            | By: _____ | Date: _____ |
| <input type="checkbox"/> Speech Pathology                | By: _____ | Date: _____ |
| <input type="checkbox"/> Other: _____                    | By: _____ | Date: _____ |

**Primary Diagnosis:**

**Other Relevant Medical History:**

**Social Situation (e.g., lives with, paid/unpaid carer, school, employed etc.):**

**Current Services (e.g., 24/7 care, personal care, shopping assistance etc.):**

## Current Support Required for Adults

### Speech Therapy – Over 18 years

- Alternative communication
- Feeding or swallowing concerns
- Difficulties understanding speech
- Language difficulties (e.g., saying the right words and using sentences)
- Rehabilitation following brain injury
- Participating in social activities (e.g., conversation), employment or higher education
- Voice concerns (e.g., changes in vocal quality)

Hours recommended:

Funds available for assessment/therapy:

### Occupational Therapy – Over 18 years

- Home modifications
- Housing Report
- Equipment Prescriptions Please specify (e.g. bathroom equipment, hoist, wheelchair, pressure care etc.):
- Cognitive Assessment
- Upper Limb / Hand Therapy
- Functional Assessment
- ADL Capacity Building (e.g., learning to look after myself, cook a meal, get dressed, go to town by myself, learn skills to get a job, etc.)
- Supported Independent Living Report
- Specialist Disability Accommodation Report
- Other: (please specify)

Hours recommended:

Funds available for assessment/therapy:

### Physiotherapy – Over 18 years

- Mobility / Transfer / Balance Assessment
- Equipment Prescription Please specify (e.g., walking aid, slide-board etc.):
- Exercise Therapy
- Water-based exercise
- Carer/family training for manual handling
- Group exercise
- Other: (please specify)

Hours recommended:

Funds available for assessment/therapy:

**Other relevant information:**

## Current Support Required for Children/Young Adults (0-17 years)

### Speech Pathology (0-17 years)

- Say the right sounds in words so I can understand them.
- Communicate without words (e.g., sign language, communication device).
- Understand and use more words.
- Follow directions.
- Use longer sentences.
- Play with others, take turns in play, share and make friends.
- Tell stories and have conversations with others.
- Share their feelings with others.
- Eat lots of different foods without coughing/choking.
- Learn at school with increased independence.

Hours recommended per week:

Funds available for assessment/therapy:

### Occupational Therapy (0-17 years)

- Use the toilet.
- Do things at home with increased independence (e.g., dressing, morning routines, brushing teeth, showering, doing jobs).
- Home modifications.
- Adjust to change, as well as transition between activities (e.g., going to/from home and school).
- Have less screen time.
- Learn at school with increased independence (e.g., drawing/handwriting, cutting, gluing).
- Sleep well.
- Enjoy eating lots of different foods.
- Regulate their sensory needs (e.g., calm or busy body, difficulty paying attention, sensitive to noise/clothing/touching).
- Understand and talk about emotions, as well as calm their emotions.
- Learn big movements (e.g., playing sports, running, jumping, dancing, throwing a ball).
- Learn small movements (e.g., using your hands).
- Participate in activities outside of school (e.g., learning how to catch a bus, grocery shopping, social activities).
- Access support while transitioning into employment.
- Social interactions – activities outside of school.

Hours recommended per week:

Funds available for assessment/therapy:

### Other relevant information:

**\*\*Please attach any previous reports or hospital / rehab discharge summaries to support this referral\*\***