



**‘Living a healthy and long life with well-controlled Diabetes’**

# Instruction sheet

(CD, DVD, Computer format only)



## **PLAYING THE DIABETES STORY**

The Diabetes Story is available as a VHS video, CD-Rom, DVD and can be downloaded from the Central Australian Aboriginal Congress website <http://www.caac.org.au/thediabetesstory>.

The Diabetes Story contains five scenes (or chapters):

<b>Scene Title (Chapter Title)</b>
1. How do you feel?
2. What is Diabetes?
3. Why have I got Diabetes? * Type 2 Diabetes * Gestational Diabetes- * Type 1 Diabetes
4. What could happen to me?
5. If you have Diabetes or think you might have Diabetes...

**To Play the Movie (CD, DVD, Computer format only):**

1. Insert the CD, DVD or open the Flash file (.fla) on your computer and wait for The Diabetes Story language screen to appear.

Then ...

Select which language version you would like to watch the movie in (please note that all language versions have English subtitles).



You will be presented with 3 options:

a. If you would like to watch the movie, select the **Play Story** button.



b. If you would like to watch one of the five scenes, select the **Scene Selection** button.



c. Then select the chapter (scene) button you would like to watch.

1. How do you feel?
2. What is Diabetes?
3. Why have I got Diabetes?
4. What could happen to me?
5. If you have Diabetes or think you might have Diabetes...
6. Credits



d. If you would like to read the credits, select the **Credits** button.



## Navigating through the Movie (CD, DVD Computer format only):

The Diabetes Story cannot be paused while playing a scene.

At the end of each scene, you will be presented with 3 options:

a. If you would like to play the scene again, select the **Replay** button.



b. If you would like to continue watching the movie, select the **Play** button.



c. If you would like to return to the Menu selection, select the **Menu** button.



## To Return to the Start or Change the Language Version of the Diabetes Story (CD, DVD, Computer format only):

1. Select the **Menu** button from any screen.



2. Then select the **Change Language** Button on the Main Menu.



## To Exit the Movie (CD, DVD, Computer format only):

1. Select the **Menu** button from any screen.



2. Then select the **Exit** Button on the Main Menu.



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## HOW DO I GET A COPY OF THE DIABETES STORY?

If you would like a copy of the Diabetes in a VHS video, DVD or CD-Rom format, or you would like further information regarding this product, please contact:

The Promotions Officer  
Central Australian Aboriginal Congress  
25 Gap Road, PO Box 1604, Alice Springs NT 0871  
Ph: 08 8951 4425  
Email: [promotions@caac.org.au](mailto:promotions@caac.org.au)

You may be required to pay a production and postage fee.  
Further information and a FREE download is also available at *The Diabetes Story* website:  
<http://www.caac.org.au/thediabetesstory>



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