



**‘Living a healthy and long life with well-controlled Diabetes’**

# Fact sheet



## **THE DIABETES STORY BACKGROUND**

The Diabetes Story is a health information resource available for use by all practitioners, clinics and Aboriginal clients in Central Australia. The movie is written and animated as a story in three Central Australian Aboriginal languages (Pitjantjatjara, Warlpiri and Arrernte) and English and may be particularly useful for those clients with low medical literacy levels and comprehension of written material.

The Diabetes Story contains five scenes (or chapters):

- \* 1. How do you feel?
- \* 2. What is Diabetes?
- \* 3. Why have I got Diabetes?  
(Type 2 Diabetes- Gestational Diabetes- Type 1 Diabetes)
- \* 4. What could happen to me?
- \* 5. If you have Diabetes or think you might have Diabetes...



*The Diabetes Story* was developed by Central Australian Aboriginal Congress in conjunction with Healthy Living NT, the Central Australian Division of Primary Health Care and the Federal Department of Communication, Information Technology and the Arts.

Congress thanks Diabetes Australia Northern Territory (now Healthy Living NT) as a significant part of the content is drawn from the 5-part diabetes awareness booklets ‘*Keep Culture, Life and Family Strong: Know early about Diabetes.*’ We recommend this movie as a beginners guide to the booklets and as a complementary resource. Further information can be found at <http://www.healthylivingnt.org.au> or via email at [info@healthylivingnt.org.au](mailto:info@healthylivingnt.org.au).

*The Diabetes Story* was developed drawing on concepts from the Central Australian Division of Primary Health Care ‘Immunisation-for-all’ multimedia resource. The layout and several of the characters are the same providing a familiar software environment for users and we thank the Division for this significant contribution. Further information can be found at <http://www.cadphc.org.au/immunisationforall.htm>

Central Australian Aboriginal Congress thanks and acknowledges the financial support of the Department of Communication, Information Technology and the Arts through the TAPRIC Indigenous Communities Online Program (ICOP). Further information can be found at <http://www.dcita.gov.au/indig>.

## SUGGESTED USES OF THE DIABETES STORY

The Diabetes Story movie may be used:

- by practitioners with the client as an educational introduction to diabetes;
- by clinics to play in the waiting room; and
- by clients themselves seeking more information on diabetes.

Although *The Diabetes Story* is available on VHS and DVD, it has been designed specifically to be used as an educational tool for client initiated interactive learning using computers.

## COPYRIGHT

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## HOW DO I GET A COPY OF THE DIABETES STORY?

If you would like a copy of the Diabetes in a VHS video, DVD or CD-Rom format, or you would like further information regarding this product, please contact:

The Promotions Officer  
Central Australian Aboriginal Congress  
25 Gap Road, PO Box 1604, Alice Springs NT 0871  
Ph: 08 8951 4425  
Email: [promotions@caac.org.au](mailto:promotions@caac.org.au)

You may be required to pay a production and postage fee.  
Further information and a FREE download is also available at *The Diabetes Story* website:  
<http://www.caac.org.au/thediabetesstory>



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