



You talk -

We'll listen.

Congress Male Health Centre is a **male only place** where you can get help with your health.

If you want to:

- visit a doctor or nurse
- talk to a counsellor
- get help to sort things out
- wash your clothes or just have a chat,

Drop in and have a cuppa with your mates at 19 Gap Road.

Congress Male Health is where **brothers support brothers.**

Talk to us and we'll respect what you say. You can talk to us confidentially.

We want males to live longer, happier, healthier lives.

Senior Cultural men are available to help talk to you.

HEALTHY PROUD HAPPY

Congress Male Health Centre



**CENTRAL AUSTRALIAN
ABORIGINAL CONGRESS**

Congress Male Health Centre

19 Gap Road
Alice Springs Northern Territory
Phone: 8958 4567

CONGRESS MALE HEALTH

VIOLENCE INTERVENTION PROGRAM

To support Aboriginal males who want to become strong, proud and happy partners, fathers and members of the community.



**CENTRAL AUSTRALIAN
ABORIGINAL CONGRESS**

Problem:

If you are male and you are:

- getting frustrated and angry
- being abusive to your family
- feeling angry with the people you care about most
- using violence in the home
- feeling fearful or confused
- concerned about the effect of your behaviour on the children.

Violence means trouble.

Violence at home is wrong.

Prison is a waste of your life and future.

Answer:

Males can change.

We can help. The Congress Male Health Centre is a male only place where you can talk to male staff who can help.

Changing your violent behaviour is your responsibility and you must take the first step.

Take the first step and we will travel with you.

Ring the Male Health Centre on 8958 4567 (business hours).

**Help is
available now!**

VIOLENCE INTERVENTION PROGRAM

For males and families who want to end the violence and abuse in their lives.