

Programs and services include:

- **Women's Health Checks**
- **Contraception and Emergency Contraception**
- **PAP smear/Cervical Cancer Screening**
- **STI Screening and treatment**
- **Breast Check ups & Breast Screening Liaison**
- **GP services**
- **Adult Health Checks**
- **Adult Immunisations**
- **Health Education**
- **Diabetic Educator**
- **Specialist Gynaecology Services**
- **Specialist Obstetric Services**



Alukura provides an important model which can be shared with all indigenous women.



Alukura is a women's only health service providing confidential services to Aboriginal Women.

- **Infertility**
- **Pregnancy Planning**
- **Pregnancy Counselling**
- **Pregnancy Care**
- **Lactation Consultant**
- **Aboriginal Liaison Services**
- **Aboriginal Health Worker**
- **Transport Services**
- **Australian Nurse Family Partnership Program**
- **Healthy Kids Clinic (At Congress Main Clinic)**
- **New Directions Indigenous Student Midwife Program**
- **Alukura Aunties Program**
- **Cultural Advisory Council**

SERVICES PROVIDED BY ALUKURA;

- Well Women's Checks— including Pap Smear, Education & other general health tests.
- STI Checks—Testing for HIV/Aids & Sexually Transmitted Infections.
- Contraception & Fertility advice.
- Antenatal Care—caring for mother & baby during pregnancy.
- Postnatal Care—caring for mother & baby up to 6 weeks after baby is born.
- Breastfeeding Support.
- Weekly O&G Specialist Clinic.
- Young Women's Community Health Education Program.
- Antenatal Education— Information for pregnant women.
- Healthy Kids Clinic—Contact Alukura or General clinic on 8951 4444 to make an appointment.
- Australian Nurse Family Partnership Program - Home visiting program for women during pregnancy & motherhood up until baby turns two.



Congress Alukura by the Grandmother's Law Pmere laltyeke anwerne ampe mpwaretyeke

To find out further information about Alukura services or to make an appointment call us.

Call or drop in before 9am to get an on the day appointment.

Clinic Hours

Mon—Thurs 8.30am-5pm

Friday 8.30am—12.30pm

A bus service is available for women needing transport to Alukura for

Congress Alukura
PO Box 1604
Alice Springs NT, 0871
4 Percy Court
Ph: (08) 8953 2727
Fax: (08) 89534435



Central Australian Aboriginal Congress

CONGRESS ALUKURA



WOMEN'S HEALTH SERVICE

**STAYING STRONG
STAYING HEALTHY
PRIVATE & CONFIDENTIAL SERVICE**

This pamphlet is for WOMEN ONLY