

# CONGRESS ALUKURA

PROVIDING A HOLISTIC WOMEN'S,  
MATERNAL & CHILD HEALTH CARE  
SERVICE SINCE 1984

BY THE GRANDMOTHER'S LAW  
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CENTRAL AUSTRALIAN ABORIGINAL CONGRESS

Congress Alukura  
Young Women's Community Health  
Education Program

## CATALOGUE

ABORIGINAL HEALTH IN ABORIGINAL HANDS

Visit the Central Australian Aboriginal Congress website: [www.caac.org.au](http://www.caac.org.au)



# YWCHEP EDUCATOR TRAINING

The YWCHEP Program has been delivering holistic sexual health education to young Indigenous women living in Central Australia since 1998. Through the YWCHEP Training Course we are now able to share our program with others. Those who participate in the YWCHEP EDUCATOR TRAINING will receive training on how to deliver the Young Women's Community Health Education Program.

YWCHEP Educators believe that it is important to educate young people in a way that is fun & interactive so that the learning experience is memorable. Our educators educate through a series of learning activities that are designed to encourage the students to actively participate & share their views.

**IF YOU ARE INTERESTED PLEASE FILL OUT THE EXPRESSION OF INTEREST FORM .**



**THE YWCHEP PACKAGE INCLUDES 9 UNITS;**  
**PUBERTY, SEX, WELL WOMEN'S CHECKS, STI'S & HIV/AIDS, SAFE SEX, CONTRACEPTION, PREGNANCY, BODYCARE & RELATIONSHIPS.**



## 2010 TRAINING DATES

**May 11th - 13th**  
**June 15th - 17th**  
**September 21st - 23rd**  
**December 7th - 9th**



## It is a 3 DAY COURSE

**COST: \$500 per person**  
**Cost includes; Food, Educational Package & Training.**



## Come along!

**Midwives, Nurses, Health Workers, Youth Workers, Education Workers, Teachers & anyone who works with young Indigenous Women.**





# YWCHEP Educator Training Expression of Interest Form

## Upcoming 2010 YWCHEP Educator Training dates;

**May 11<sup>th</sup> – 13<sup>th</sup>**  
**June 15<sup>th</sup> – 17<sup>th</sup>**  
**September 21<sup>st</sup> – 23<sup>rd</sup>**  
**December 7<sup>th</sup> – 9<sup>th</sup>**

<b>Organisation:</b>	<b>Address:</b>
<b>Number of workers attending from organisation:</b>	<b>We would like to attend the training being held:</b>
<b>Contact person:</b>	<b>Date faxed:</b>
<b>E-mail:</b>	<b>Ph:</b>

There are funded placements for individuals attending the training in a group. So if you are sending four or more from your organisation we will cover the cost of one.

There are limited funded placements, please indicate below if you would like to apply.

**I would like to apply for a funded placement (circle). YES/NO**

**PLEASE FAX EXPRESSION OF INTEREST FORM TO (08) 8953 4435.**



# YWCHEP HEALTH EDUCATION RESOURCES

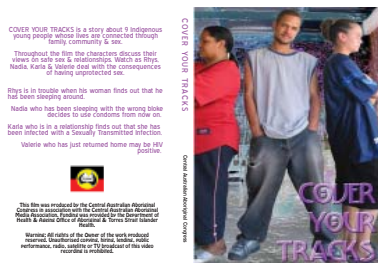
Congress Alukura's Young Women's Community Health Education Program (YWCHEP) is well known for its culturally appropriate holistic sexual health education resources. The resources developed by YWCHEP have all been used successfully within educational settings & have proven to be very effective.



## Young Women's Community Health Education Program (YWCHEP) Educational Package

This package has been proven to be very effective in educating Indigenous teen girls on the following topics; Puberty, Sex, Well Women's Checks, STI'S HIV/AIDS, Safe Sex, Contraception, Pregnancy, Relationships & Body Care.

**Only sold with training**



## Cover Your Tracks DVD & Booklet

Cover Your Tracks is a short educational film on Safe Sex & the importance of using condoms to prevent the spread of STI's & HIV/AIDS.

**\$40.00**



## Women's Business Only Manual

This manual is designed to be used by a healthworker, nurse, midwife or doctor when explaining HIV Testing.

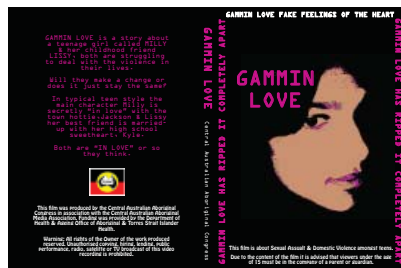
**\$40.00**



## Picture Card & CD-ROM Set

The Picture Card & CD-ROM Set contains the YWCHEP Picture Cards & CD-ROM, the set is designed for those who often perform one on one education. The CD-ROM & Picture Card Set provide great visuals for educating indigenous teens.

**\$50.00**



## Gammin Love DVD & Booklet

Gammin Love is short educational film about Sexual Assault & Domestic Violence amongst teens.

**\$80.00**



## YWCHEP Pamphlet Set CD-ROM

The pamphlet set includes 9 pamphlets, Puberty, Sex, Well Women's Checks, STI'S HIV/AIDS, Safe Sex, Contraception, Pregnancy, Relationships & Body Care. The pamphlets are information on the topics & are to be used for educating teens. All pamphlets are on a CD-ROM so that they can be printed in colour when needed.

**\$20.00**



## YWCHEP CD-ROM

The YWCHEP CD-ROM contains animation skits on the following topics; Puberty, Sex, Well Women's Checks, STI'S HIV/AIDS, Safe Sex, Contraception, Pregnancy, Relationships & Body Care.

**\$25.00**



## YWCHEP Resource Kits

There are 9 different Resource Kits; Puberty, Sex, Well Women's Checks, STI'S HIV/AIDS, Safe Sex & Contraception, Pregnancy, Relationships & Body Care. The Resource Kits contain learning activities on the topic, including game cards etc... all fun stuff for educating.

**\$40.00**



## Alukura T-Shirts

The Alukura Shirts are available in black & white, sizes S-3XL. The logo on the front of the shirt is a dot art painting depicting the story of Alukura (a woman's birthing place). This design was painted by our Alukura Traditional Arrente Grandmother of the Central Desert, Maureen McCormack.

**\$35.00**



# Congress Alukura Educational Resources Order Form

Item	Quantity	Unit Price	Total

*Please allow 14 days for delivery from the date of order.*

**POSTAGE**  
(GST inclusive) **TOTAL**

### My Details

Name \_\_\_\_\_  
 Organisation \_\_\_\_\_  
 Position \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 Telephone \_\_\_\_\_  
 Fax \_\_\_\_\_  
 Delivery Address \_\_\_\_\_  
 State \_\_\_\_\_ Postcode \_\_\_\_\_

### Complete Order Form Details

If you have any queries regarding your order please contact our Educators at Congress Alukura on (08) 8953 2727.

#### Send Form

Fax (08) 8953 4435  
 E-mail [ywchep@caac.org.au](mailto:ywchep@caac.org.au)  
 Post Alukura YWCHEP  
 PO BOX 1604  
 Alice Springs, NT 0871

### My Payment (circle to indicate)

Send an invoice for the sum of \$ \_\_\_\_\_  
 I enclose a cheque payment of \$ \_\_\_\_\_  
 (Payable to: Central Australian Aboriginal Congress)  
 Please debit my credit card to the sum of \$ \_\_\_\_\_

**Please circle:** Mastercard/VISA    Expiry \_\_\_\_/\_\_\_\_  
 Card Number \_\_\_\_/\_\_\_\_/\_\_\_\_/\_\_\_\_  
 Name on Card \_\_\_\_\_  
 Signature \_\_\_\_\_  
 Billing Address \_\_\_\_\_  
 State \_\_\_\_\_ Postcode \_\_\_\_\_

### Postage

Order Price	
\$0 – \$50	<b>\$5.00</b>
\$50 - \$100	<b>\$7.50</b>
\$100- \$150	<b>\$10.00</b>
\$150 - \$200	<b>\$15.00</b>
\$200 -\$250	<b>\$20.00</b>
\$250 & above	<b>\$25.00</b>



