

# Growing Stronger Families



## Your Home Visitors:



Back: Nurse Home Visitors  
- Sarah Kitto, Anissa Thompson, Carmel Barry  
Front: Aboriginal Community Workers -  
Marlene Swan, Jasmine Campbell  
Nurse Supervisor:- Inge Baumann - May

Visit us at our office on  
**16 Hartley Street (Jock Nelson Centre)**

Alice Springs

### Business Hours

Mon - Fri 8.30am - 12.30pm

& 1.30pm - 5.00pm

ANFPP Reception:

Phone (08) 8958 4850

Fax (08) 8958 4860

E-mail: [anfpp.admin@caac.org.au](mailto:anfpp.admin@caac.org.au)

[www.anfpp.com.au](http://www.anfpp.com.au)

ANFPP is a program run by  
Congress Alukura  
and funded by the Australian Government



**Congress Alukura -**



# ANFPP

Australian Nurse Family  
Partnership Program

# What is ANFPP?

**ANFPP is a service for young women who are having a baby**

If you join the program, you will receive visits from a Nurse and Aboriginal Community Worker (ACW) while you are pregnant and until your baby turns 2.

## How often will my Nurse and ACW visit?

They will come and visit you every week or two while you are pregnant and until your baby turns 2. You and your Nurse/ ACW will decide when the visits happen.



**Your Nurse & ACW can help and support you with the following:**

- Keeping healthy during pregnancy and becoming a good mother
- Keep your baby healthy and strong
- Build a strong community for you and your baby
- Make your home a safe place for you and your baby to live and play
- Get referrals to other services available
- Find out ways to continue your education and develop job skills
- Set goals for your family's future and find ways to help you reach them

## Who can participate in the visits?

- You and your Nurse/ACW decide who gets involved
- Fathers, nannas, family and friends can be involved
- The Nurse & ACW will work mainly with you because you are the one who carries the baby.



## Who can join the ANFP Program?

**Any woman who is:**

- Having an Aboriginal baby
- Living in and around Alice Springs
- From early pregnancy, but not more than 26 weeks pregnant

If you have any questions or want to hear more about the program please call us on 08 8958 4850 and we can visit you and talk about the program or ask your midwife to refer you.